

LiveBetter Community Services as Lead Agency for **headspace** Rockhampton

## Position Description

*Private and Confidential*

# Mental Health Clinician **headspace** Rockhampton Centre

## The Organisation

LiveBetter is an organisation formed through an amalgamation of several like-minded, regionally based community service organisations that recognised the need for specialist service provision for the people of regional Australia.

Delivering a range of aged, disability, carer, child & family, mental health and clinical services, LiveBetter takes a holistic approach to working with customers seeking to ensure that customer needs and preferences are met. As well as service delivery LiveBetter assists customers with information, linking and referrals.

The major organisations that merged to form LiveBetter are CareWest [Central West, Orana, Far West, Northern and Riverina Murray regions of NSW], Excelcare [Central Queensland], Age Concern [Albury NSW], Family Link [Wagga Wagga NSW], There4U [Central Queensland], Home and Community Care services [Broken Hill] and Translinc [Central West NSW]. Several other organisations had previously amalgamated with CareWest over the past ten years.

LiveBetter and its antecedent organisations have undergone a period of significant growth, with continuing growth in staff numbers, service capacity and diversity and geographic spread. To support this growth, LiveBetter invests heavily in corporate infrastructure and management systems as well as staff training and development.

LiveBetter employs approximately 1500 staff operating in offices, homes, preschool, respite centres and community hubs across regional and rural Queensland and NSW. Working alongside our staff are more than 250 volunteers who provide extra support and services to our customers and communities. Our annual revenue is now more than \$90 million with strong growth forecast.

LiveBetter is positioned as one of the largest regionally-based providers of community services in Australia. Although we are a large organisation, we remain focused on ensuring programs and services are provided by local staff, and tailored to the individual needs of local people and communities.

**Our Purpose: Enabling the people in regional rural and remote Australia to live their best lives.**

## Our Values

LiveBetter's Values guide the way we conduct ourselves. This includes how we interact with our clients, community and business partners and how we treat each other. LiveBetter's Values are:

- **Integrity:** We live out our values, are honest and ethical in all our dealings and are accountable for our actions.
- **Respect:** We value the individual. We recognise the rights and choices of the client, employees and the community. We encourage teamwork and support diversity within the team.
- **Cooperation:** We strive to identify and create value from partnerships and alliances with other organisations, agencies, businesses, communities and within our own organisation.
- **Empowerment:** We believe that individuals and communities should be encouraged and supported to realise their full potential.
- **Excellence:** We strive for excellence and best practice in all that we do as individuals, teams and as an organisation.

## The Position

<b>Position title:</b>	Mental Health Clinician
<b>Location:</b>	<b>headspace</b> Rockhampton
<b>Job Type:</b>	Fixed Term Full Time
<b>Reports to:</b>	Centre Manager

## Service Description

The **headspace** model uses a Consortium-based partnership to deliver preventative and early intervention services to young people aged 12- 25 years with, or at risk of developing serious and persistent mental health problems. The program improves the mental health and wellbeing of young people, their families and significant others in their lives through collaboration within the Consortium and beyond to the broadest stakeholder and community engagement.

To find out more about **headspace** visit <http://headspace.org.au/>.

## The Position

The Mental Health Clinician is a key position within the **headspace** Centre team and comprehensively assesses and provides short-term counselling or psychological interventions to clients with mild to moderate mental health concerns referred by General Practitioners, family members/carers or friends, schools and workplaces. **Core responsibilities for this position include:**

- Provide psychological assessments and interventions to young people and families/carers with identified mild to moderate mental health concerns.
- Contribute to the planning, delivery and evaluation of group programs with therapeutic elements that address the clinico-social needs of participants.
- Contribute to the planning and delivery of community activities and events promoting mental health and wellbeing for young people.
- Manage a client/community workload according to service demand and clinical prioritisation.
- Maintain accurate and timely clinical records and data collection systems according to contractual arrangements and organisational processes.
- Provide professional input to clinical review, case management and overall quality management systems and processes.

## Risk

All LiveBetter staff members should be aware of operational and business risks. They are required to:

- Provide input to risk management activities that assists in identifying risks and controls;
- Report emerging risks, issues and incidents to the line manager or appropriate officer.

## Person Specification

### Essential

- Tertiary qualification (or equivalent) in psychology, social work, occupational therapy, nursing or counselling.
- Current registration (where applicable) with the Australian Health Practitioners Regulation Agency (AHPRA). Non-registrable professions such as social work and counselling must hold membership or be eligible for membership with the appropriate professional association.
- Ability to register to practise as a credentialed mental health clinician with the respective professional body.
- Understanding of clinical knowledge and practice regarding community mental health service provision.

- Highly-developed communication and interpersonal skills, with an ability to consult and advise key community stakeholders and peers on mental health issues.
- Well-developed problem solving skills and ability to resolve critical risks and issues.
- Current drivers licence with the ability to travel as required.

**Desirable**

- Previous experience in a similar role.

**Other requirements**

1. Pass a National Criminal History Check, Working with Children Check (Blue Card) and a pre-employment medical assessment (including drug and alcohol screening).
2. Advise LiveBetter in writing of any conditions which may impact ability to carry out the responsibilities required of the role.
3. Ability to be flexible with work hours to meet reasonable demands of the position.

**Remuneration**

An appropriate remuneration package in line with the skills and experience of the successful candidate will be negotiated. Salary packaging opportunities are available.

I hereby acknowledge that I have received my Position Description and understand what my duties and responsibilities are:

Employee Name:		Date:	
Signature:			