If you are a carer for someone frail, with a disability or a chronic illness, Commonwealth Carer Respite Centre (CCRC) can provide you with information, referrals and respite care that offers you support and long-term, sustainable options.
A carer is someone who provides practical and emotional support to a relative or friend who is frail, has a disability or a chronic illness, helping them to continue living in their own home and community.

CCRC helps carers like you that may be under ‘carer stress’ access short-term planned or emergency respite care that is tailored to meet your individual needs.

This might mean a qualified care worker taking over caring duties so that you can have a break from your usual responsibilities. This break could last a few hours, a weekend, or longer and take place in the home, community, or at a day centre or aged care facility.

Our Federation cottage, Maple Cottage, provides a homely setting for carers like you that may be looking for residential respite options. The Residential Respite Booking service is just one of the options that might suit your needs.

If you are caring for someone with dementia, we can also try to help you understand your situation a little better with our Dementia Education and Training for Carers service. The centre will work closely with you to develop the best respite options for both yourself and the person you care.

Who can use this service

Carers of all ages who provide practical and emotional support to a family member or friend who is older, has a disability or chronic illness may be eligible to use CCRC. Often carers do not live with the person they care for, but drop in frequently to check on someone’s welfare or help them with showering, meals, taking them to appointments or to provide companionship and support. The carer does not have to be in receipt of a Carers’ Pension to be eligible for support. CCRC has a number of programs to help carers including programs for young carers at school, carers who are working and looking after an older person, carers of people with mental health issues, carers of people with dementia, and carers of people with disabilities. Each caring relationship is unique and carers are welcome to call CCRC to discuss their personal situation.

When it is offered

CCRC operates 9am – 5pm, Monday to Friday. Emergency respite care may be available outside business hours by phoning 1800 052 222. Respite is arranged at times which suit the carer.

Where it is available

CCRC operates in the Local Government Areas of Bathurst Regional, Blayney, Cabonne, Cowra, Forbes, Greater Lithgow, Lachlan, Mid Western Regional (Rylstone/Kandos), Oberon, Orange, Parkes and Weddin.

Accreditation

LiveBetter is accredited for ISO 9001:2015 and NSW Disability Service Standards.

Payment

CCRC is funded by the Commonwealth Department of Social Services. Brokerage funds may be used to assist eligible carers to purchase the respite care they need in the short term.

Talk to us

To find out how LiveBetter can help you, your family, or someone you know, or to make a comment or complaint, please contact us. You are also welcome to use an advocate to speak on your behalf.

☎️ 1800 580 580
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